# Unit 11 — Hormones and Glands



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## adipose

consisting of fat

"Adipose tissue is used to store energy and insulate the body."

#### adrenaline

a hormone which increases blood circulation and breathing

"Adrenaline is produced when people are in dangerous situations."

### carbohydrate

fuel for the body, which includes starch and sugar

"Diets rich in carbohydrate often lead to weight gain."

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